

Working to Keep Detroit's Children Safe from Lead Poisoning

10 Tips to Keep Homes & Children Lead-Safe

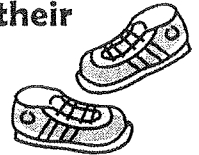
1

Get every child ages 6 months to 6 years **TESTED** for blood levels **EACH YEAR!**



6

Make sure **EVERYONE WIPES** their shoes, or take their shoes off before entering the house, especially when the house is painted and has a wood frame.



2

WASH children's toys, pacifiers and bottles **OFTEN.**



7

When making bottles or cooking with tap water, make sure it is cold water, not hot.



3

Good Nutrition- a diet with a lot of **CALCIUM** and **IRON** (green veggies, lean meat, low-fat milk, and 100% fruit juice) and low in fat is very important.



VIII

When doing home repair or remodeling, **REMOVE** children from home and **CONSULT** lead-safe work practice materials before starting any work that involves disturbing old paint.



IV

CLEAN WEEKLY- wet mopping floors and wiping window sills and wells with a phosphate cleaner (like **CASCADE**) helps control lead dust.



9

Be sure that **NO ONE** brings lead home from work on clothes and shoes (especially those employed in auto mechanics or construction).



V

DO NOT let children **PLAY** in **BARE DIRT-** cover bare soil with grass or bushes.



X

Help get the **WORD** out about **LEAD** poisoning!